## Protocol for Managing Seizures in the Classroom

- 1. Stay Calm:
  - If the student begins to have a seizure, remain calm. Your composure can help keep the classroom environment stable.
- 2. Notify the Appropriate Parties:
  - Inform the College Public Safety and nurse immediately.

## 3. Ensure Safety:

- Gently guide the student to the floor if they are not already there.
- Clear the area around the student to prevent injury. Remove any sharp or hard objects nearby.
- Place something soft under their head if possible.

## 4. Do Not Restrain:

- Do not try to hold the student down or stop their movements.
- Do not place anything in the student's mouth.

## 5. Time the Seizure:

• Use a watch or phone to time the seizure. If it lasts more than 5 minutes, or if the student has difficulty breathing, seek immediate medical assistance by calling 911.

Please make sure you are familiar with these steps and reach out if you have any questions or need further clarification. The safety of our students is our top priority, and your role in this protocol is essential.