



MBJ FOOD SERVICES CATERING MENU

CONTINENTAL BREAKFAST

Orange Juice
Assorted Mini Bagels, Mini Danish
Mini Croissants, Mini Muffins
Butter, Cream Cheese, Marmalade
\$6.95 p.p

(Add Coffee or Tea to complete your package: See below)

BETWEEN THE BREAD

INDIVIDUALLY WRAPPED

**Breakfast Sandwiches Served on a Platter
fresh off the grill.**

Your choice of Bread: Rolls, English Muffins, Bagel

Choice of Cheese: American, Swiss or Cheddar

Sandwich Options: Bacon, Egg and Cheese,
Turkey, Egg and Cheese
Sausage, Egg and Cheese
Orange OR Cranberry Juice

\$7.95 p.p

**** Only for On Campus Orders ****

COFFEE & TEA

**Fresh Brewed Coffee/Decaf and
Complimentary Lipton Hot Tea (Combo)
\$3.75 p.p**

Assorted Teavana Tea \$2.85 p.p

(Include Cups, Stirrers, Sugar, Milk)

BAGGED BREAKFAST

One Full Sized Wrapped Pastry: (Muffin, Butter
Croissant, Bagel with Cream Cheese or Butter,
Cheese Danish),

A Granola Bar OR Whole Fresh Fruit (apple,
orange or banana), Small Orange Juice Box

\$8.25 p.p

ALL AMERICAN

Scrambled Eggs,

French Toast OR Pancakes

Pork: Sausage OR Bacon

(Turkey Bacon/Sausage available upon request + \$0.50 p.p)

Served with Hash Browns OR Home Fries

Includes Butter and Syrup.

Orange Juice

(20 Person Minimum)

\$14.95 p.p

(Add Coffee or Tea to complete your package: See below)

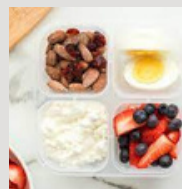
NEW YORK MINUTE

Assorted Full sized Bagels with
Cream Cheese, Butter and
Marmalade

Includes: Coffee & Limited Hot Tea

\$6.25 p.p

(15 Person Minimum)



**All Packages have a 10 Guest minimum
Unless otherwise Specified**



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LET'S BRUNCH

Scrambled Eggs,
Pork Sausage (Turkey Bacon/Sausage available upon request + \$0.50 p.p)
Assortment of Mini Scones, Mini Croissants & Mini Danish butter & marmalade
Chicken Francese
Rosemary Roasted Potatoes
Orange, Apple Juice & Bottled Water

\$18.95 p.p

30 Guest Minimum

(Add Coffee or Tea to complete your package: See below)

A LITTLE NOSH

Orange Juice
Scottish Smoked Salmon
Cream Cheese
Capers, Fresh Lemon Slices & Red Onion
Full Sized Bagels

\$10.95 p.p

20 Guest Minimum

(Add Coffee or Tea to complete your package: See below)

COFFEE & TEA

Fresh Brewed Coffee/Decaf and Complimentary Lipton Hot Tea (Combo)
\$3.75 p.p

Assorted Teavana Tea \$2.85 p.p

(Include Cups, Stirrers, Sugar, Milk)

BREAKFAST ADD-ONS

Overnight Oats (served as individual portions):

\$3.95 p.p.

Oatmeal, **\$4.25 p.p**

- o Toppings include Cinnamon, Brown Sugar
- o Add On: Raisins, Cranberries +**\$0.75** per add on item
- o Mixed Berries +**\$1.99**

- Bread Basket (15 guest minimum):

Toast, Mini Bagels & Mini Butter Croissants includes butter, cream cheese & marmalade

\$4.95 p.p

Fruit Salad

In family style bowl: **\$4.25**

Individually packaged: **\$4.75**

Whole Fresh Fruit (Apples, Oranges, Bananas),

\$1.15 p.p

Mini Parfaits individually packaged, **\$4.95 p.p**

Flavored Cream Cheeses

(15 guest minimum) per cream cheese,

\$1.25 p.p

Strawberry

Scallion

Garden Vegetable

Cinnamon Raisin





MBJ FOOD SERVICES

CATERING MENU

BOXED LUNCH

Assorted Sandwiches on Sliced Bread: Ham and Cheese, Turkey & Cheese, Tuna Salad, Chicken Salad, Falafel and Hummus or Grilled Vegetables. A bag of Chips Or Whole Fresh Fruit, Fresh Baked Cookies, Assorted Canned Sodas and Bottled Water

\$14.75 p.p

(Add Brownies instead of Cookies for \$1.50 more p.p)

Add a Mini Fruit Salad **\$4.75. p.p**

Add a Individual Small Green Salad **\$4.95 p.p**

Salad Boxed Lunch:

A Salad, A bag of Chips Or Whole Fresh Fruit, Cookies, Assorted Canned Sodas and Bottled Water

\$14.95 p.p

SALAD OPTIONS: Mixed Greens with Fruits and Cranberries Salad

(Apple or Mandarin or Strawberries and Blueberries)

Kale, Quinoa and Chickpea Salad , Quinoa and Grain Salad

Add Grilled Chicken to any salad + \$3.50 p.p

Add Grilled Shrimp to any salad + \$4.95 p.p

DESSERT BOX

IN A 4 COMPARTMENT BOX

Choose any Four:

Assorted Brownies or Blondies

Raspberry Bar or Lemon Bar

French Macarons,

Assorted Mini Cupcakes

Assorted Baked Cookies

Seasonal Fruit Salad

\$12.95 p.p

EVERY LIL' THING BOX

In 4 Compartment Individual Clear Container

Assorted Mini Sandwiches (Ham and Cheese, Turkey and Cheese, Tuna Salad, Chicken Salad, Grilled Vegetables Wrap)

Assorted Salad (Green Salad , Caesar Salad, Greek Salad Pasta Salad, Grain Salad)

Fruit Salad

Assorted Dessert (Mini Cupcakes, Brownies, Blondies or Raspberry or Lemon Bar)

Assorted Sodas & Bottled Water

\$16.25 P.P

20 Guest Minimum

DELUXE BOXED LUNCH

Assorted gourmet sandwiches:

*Grilled Chicken Pesto with Sundried Tomatoes on Spinach Wrap,

*Chicken Milanese, Mozzarella cheese and Marinara sauce served on Focaccia Square,

*Grilled Eggplant, Hummus with Zucchini and other Vegetables, served on Whole Wheat Pita Bread,

*Smoked Turkey with Brie, Honey Dijon Mustard served on Multigrain Roll

*Grilled Cajun Shrimp with Lettuce & Avocado on Wrap, or on Brioche Roll

*Honey Glazed Ham, Swiss Cheese, Apple Slices on Brioche Roll

Fruit Salad OR Green Salad, Assorted Cookies, Assorted Canned Sodas and Bottled Water

\$20.25 p.p

(20 people minimum with three sandwich choice option per 20 people)

HEALTHY BOXED LUNCH

*Grilled Chicken, Lettuce, Avocado Spread on a Tomato Focaccia Square

*Grilled Chicken Pesto Wrap with Sun-dried Tomato on a Spinach Wrap

*Greek Wrap: Grilled Chicken, Feta Cheese, Red Onion, Lettuce & Tomato on a Wheat Wrap

*Power Wrap: Avocado, Red Onions, Cherry Tomatoes, Chickpeas with Chopped Romaine & Honey Vinaigrette

Includes a Granola Bar, Organic Yogurt & Bottled Water

\$15.95 p.p

10 people minimum with 2 sandwich choice option per 10 people

MOVIE SNACK BOX

Popcorn

Assorted Candies

Nacho Chips and Cheese Dip

Assorted Baked Cookies

Assorted Sodas & Bottled Water

(15 people Minimum)

\$15.75 P.P

All Packages have a 10 Guest minimum Unless otherwise Specified



MBJ FOOD SERVICES

CATERING MENU

TASTY COLD LUNCH

Assorted Sandwiches on Sliced Bread and Wrap

On Platter:

Ham and Cheese, Turkey and Cheese, Tuna Salad, Chicken Salad, Falafel and Hummus Wrap, Grilled Vegetables

Garden Salad, Assorted Baked Cookies
Assorted Sodas and Bottled Water

\$14.95 p.p

HOT ENTREE

Entrée package comes with: Garden Salad, One Entrée, One Side, Cookie and a drink.

Choose an Entrée: Jerk Chicken, Chicken Parmigiana, BBQ Chicken, Rosemary Roasted Chicken, Curry Chicken, Sesame Chicken, Pepper Steak, Beef Meatballs, Beef & Broccoli, Teriyaki Beef, Meat Lasagna, Cajun Filet of Fish, Tilapia with Lemon Butter Sauce, Shrimp Scampi + \$3.50 p.p,
Eggplant Parmigiana, Chickpea Stew with Vegetables, Vegetable Lasagna, Pernil (Roasted Pork) + \$2.95 p.p

Choose One Side: Rice with Gandules, Yellow Rice, Fried Rice, White Rice, Rice with Beans, Mashed Potatoes, Mac and Cheese, Baked Ziti, Penne a la Vodka, Pasta Pesto, Mixed Vegetables, Broccoli, Steamed Vegetables, Carrots & String Bean

\$22.95 p.p Buffet Style

(20 guest minimum)

(Please contact us for additional Entrée options or for a custom menu)

SANDWICH PLATTERS

Assorted Sandwiches on Sliced Bread and Wrap:

Ham and Cheese, Turkey and Cheese, Tuna Salad, Chicken Salad, Falafel and Hummus Wrap, Grilled Vegetables Wrap
\$6.95 p.p

Assorted Gourmet Sandwiches on Specialty Rolls and Wrap

- *Grilled Chicken Pesto With Fresh Mozzarella on Rosemary Ciabatta,
- *Grilled Eggplant, Hummus with Zucchini and other Vegetables, on Whole Wheat Pita Bread,
- *Grilled Chicken BLT Wrap, or on Ciabatta Roll
- *Grilled Cajun Shrimp with Lettuce & Avocado on Wrap, or on Brioche Roll
- *BBQ Chicken Wrap with Rainbow Slaw and Chipotle Mayo
\$8.95 p.p

*10- People Minimum
(2 Choices for every 10 people)*

SALADS

Spicy Cajun Shrimp with Mixed Greens Salad

Mandarin Crunch Salad: (Mixed Greens, Edamame, Purple Cabbage, Mandarin, Tomato, Wonton Strips)

Southwest Salad: (Lettuce, Cabbage, Pepper, Black Bean, Sweet Corn, Cotija Cheese, Tortilla Strips)
\$6.95 p.p

Pasta & Vegetable Salad **\$4.50 P.P**

Garden Salad or Caesar Salad: **\$4.75 p.p**

Greek Salad: **\$5.50 p.p**

Add Grilled Chicken to any salad + \$3.50 p.p

Add Grilled Shrimp to any salad + \$4.95 p.p

RECEPTIONS

We Offer Hor D'oeuvres, bite sized foods, custom desserts, mocktails & more.
Contact our offices to discuss your event and review options that best suit your needs

All Packages have a 10 Guest minimum Unless otherwise Specified



A P P E T I Z E R P A C K A G E S

CHEESE & CRACKER: An assortment of Cheeses & Crackers with Fruits

Individually packaged: **\$8.95 p.p**

On a Platter: **\$7.95 p.p**

Deluxe Cheese & Cracker: Domestic and Imported Cheeses and Crackers with Mixed Nuts, Dried Fruits, Honey, **\$12.95 p.p**

Add: **Italian Meats, +\$3.00 (15 people Minimum)**

DIP AND PITA: Choice of Two Dips (Hummus, Tzatziki, Pepper-Feta and Spinach Dip) with Grilled Pita Bread Or Pita Chips

\$6.95 P.P

Vegetable Crudité & Dip: Celery sticks, carrot sticks, cucumber sticks, bell pepper strips with Wasabi and Cucumber Dip or Ranch Dip

\$5.25 p.p

BEVERAGES

Coffee/Decaf and Complimentary Lipton Hot Tea

Combo **\$3.75 p.p**

Starbuck's Coffee **\$4.15 p.p**

Teavana Assorted Tea **\$2.85 p.p**

Orange Juice **\$1.75 p.p**

Apple or Cranberry Juice in Dispenser **\$1.95 p.p**

Lemonade, Iced Tea, or Fruit Punch **\$1.50 p.p**

Assorted Can Sodas: **\$1.85**

Bottled Water: **\$1.85**

Water Dispenser with 50 Cups: **\$20.00**

D E S S E R T S

Assortment of Fresh baked Brownies or Blondies **\$4.50 p.p**

Cookies & Brownies Platter **\$4.25 p.p**

Lemon or Raspberry Bars: **\$4.75 p.p (15 ppl Minimum)**

Assortment of Fresh Baked Cookies (Chocolate Chip,

Oatmeal, and Sugar) **\$2.99 p.p**

Red Velvet Cookies **\$3.15 p.p**

Assortment of Pound Cakes **\$3.75 p.p**

Cupcakes, **\$5.50 p.p**

Miniature Cupcakes **\$4.99 p.p (15 ppl Minimum)**

French Macarons **\$ 4.75 p.p**

Cake Shots **\$5.25 p.p**

Sliced Fruit Platter **\$5.50 p.p**

Cakes: 10 inch Round **\$95.00** Feeds 10-12 people -

1/4 Sheet Cake **\$120.00** Feeds 20-25 people

-1/2 Sheet cakes **\$160.00** Feeds 40-50 people

-1 Sheet Cake **\$275.00** Feeds 80-100 people

Add an edible image to any of the above cakes; **\$35.00**

Please contact your catering manager for cake filling.



All Packages have a 10 Guest minimum Unless otherwise Specified

ABOUT US

Thank you for choosing MBJ Food Services for your catering needs. We are a family & minority owned and operated business with over 40 years of experience in the food service, catering & events arena. We have been serving the NYC area since our inception in 1980 and take great pride in providing fresh, fun and delicious foods to our clients. We look forward to serving you !

ORDERING

We ask that all orders are placed with at least a 48 hour advance notice. For Monday orders, this means your request should be submitted by end of day on the prior Thursday. Please make sure that all orders include relevant order and delivery information, such as name of contact, contact phone number, billing information, budget signatory and a PO or budget code, when applicable.

CANCELLATION

There will be a 15% cancellation fee on orders cancelled within 24 hours of your event. For Monday orders, cancellations must be in on the prior Friday, by 12:00 p.m.

Delivery Fees

There is a \$40.00 delivery fee for all off-campus orders. For orders requiring the pick-up of catering equipment (coffee urns, chafing dishes, platters, etc.), there will also be a \$30.00 pick-up fee.

PAYMENTS

Payments can be made via Credit Card, Check or Cash.

For accounts using PO's, a fully executed PO is required one week prior to your event.

SPECIAL EVENTS

Rely on our institutional and gastronomic knowledge to plan your next important event. In addition to customizing innovative menus, we handle everything from staffing, to rentals, to procuring beer, wine & cider temporary permits. MBJ takes care of your event from beginning to end, with no detail left unnoticed. If you are planning an event that requires specialty planning, please contact our offices with at least 5 weeks advanced notice.

ADMINISTRATIVE FEE

An Administrative Fee of 10% will be added to all-day or multiple day conferences, as well as events that require the managing of staffing, rentals & beer/wine.

